

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, March 16, 2016 The Enrichment Center Conference Room, Sanford, NC

**Board Members Present:** Jim Payne, Donese Pulley, Mary Upchurch, Trudy Forrest, Jim Turner, Commissioners Ricky Frazier, Dave Shabaz

**Board Members Absent:** Vera Marks, Karen Oldham,

**Staff Present:** Debbie Davidson, Debbie Williams

8:30 a.m. Jim Payne called the meeting to order and welcomed everyone. The Agenda and Minutes were approved with a motion by Mary Upchurch, seconded by Trudy Forrest.

There were no public comments.

8:32 a.m. Ricky Frazier and Dave Shabaz enter the meeting.

Debbie Davidson provided an overview of the Senior Services Lee County budget proposal that was submitted on Monday, March 7, 2016. There are no significant proposed increases. Included is a 1% COLA for full time staff. The only increase requested in COLTS is a \$1.00 per hour increase for the COLTS van drivers. The full time position request for a Senior Center Caregiver Specialist will be presented to the Lee County Board of Commissioners on Monday March 21. Proposed revenue increase in the Home and Community Care Block grant (HCCBG) is approximately \$10,000 from the FY 2016 allocation and for COLTS via NC DOT Admin an additional \$17,000. Donese made a motion to accept the budget as presented and Trudy seconded the motion. All were in favor.

Debbie Davidson reviewed the February, 2016 Finance Report. Jim Turner requested details on the consumer contributions received for HCCBG services. Debbie explained that we can ask for donations based on income but cannot require anyone to pay. Donations for meals vary from 75 cents to 1 dollar average per meal. Other services are minimal. A copy of the report is attached to the original minutes.

Debbie Williams provided information about upcoming programs. Scheduled classes include: Matter of Balance and Living Healthy with Diabetes Evidence Based programs, Cathy Andrew attended a class to be certified to teach Tia Chi for Arthritis. April 5 will be the spring Card Party; April 11 – Volunteer Dinner and April 12 – Caregiver Conference, May 11 – Gay 90's luncheon. Debbie discussed the number and type of card groups meeting at the Center. We do not want to have so much space reserved for card groups that we don't have space for other programming opportunities. With not having the Boomer, Senior and Caregiver Expo in 2016, plans are being made to hold several specialty health and wellness clinics at the EC during Senior Center month in September, 2016.

Mary Upchurch provided a Tri J AAA Advisory Board report and Senior Tarheel Legislature information. Discussion of the Area Aging Plan with Goals and Objectives was discussed at the March Tri j meeting. Dementia Capable North Carolina was also a topic. Mary suggested a future program with Mark Hensley on this subject be held at the EC. The Senior Tarheel Legislature discussed various information on funding, the State Plan, Medicaid Reform and the 2016-2017 legislative priorities.

**Old/New Business**

The next meeting will be Wednesday, April 20, 2016 at 8:30 a.m. With no further business, and motion by Trudy and seconded by Dave, the Board adjourned at 9:35 a.m.

Respectfully Submitted by Debbie Davidson, Secretary Debbie Davidson

Jim Payne, Chair Jim Payne