

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, August 15, 2012

Board Members Present: Woody Beale, Alice Beardslee, Janet Fasick, Brenda Ingram, Karen Oldham, Commissioner Ed Paschal, Donese Pulley, Esther Siler, Mary Upchurch

Board Members Absent:

Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

Special Guest:

Mary Upchurch opened the meeting and welcomed everyone. The Board approved the minutes from the previous meeting.

Debbie Davidson distributed flyers and reviewed information about the Saturday, August 25, 2012 Sock Hop to be held at Elk's Lodge #1679. The Sock Hop is a fun event to celebrate the 10th year of the Boomer, Senior & Caregiver Expo and is a fund raiser for The Enrichment Center, Inc. Helping Fund. Miller Boles is the event sponsor and food donations are being secured. Tickets are \$25 for individual and \$40 for couple.

Debbie Davidson distributed flyers and reviewed information about the 10th Annual Boomer, Senior & Caregiver Expo to be held Wednesday, August 29, 2012 at the Dennis A. Wicker Civic Center. Volunteers are needed. Janet Fasick, Brenda Ingram, Donese Pulley, Alice Beardslee, Mary Upchurch and Esther Siler offered to volunteer at the Expo.

Debbie Williams reviewed upcoming programs: The Living Healthy with Diabetes series will be held at Blandonia Presbyterian Church beginning September 13, 2012. Church attendees will be served first in a class up to 12. Those on a waiting list at The EC will fill in vacant spaces. Flu shots will be offered Friday Sept. 14 and Friday Sept. 21. Protect Yourself against Scams presented by The Better Business Bureau will be held 9/27 at 1:30 p.m. The Fall Festival will be held Saturday, Oct. 27, 8 a.m. – 2 p.m. Vendors can still reserve tables. Ballroom Dance is being offered on Mondays. FREE Beginner and Intermediate Tai Chi will begin mid-September with facilitator Peggy Rowles. The Health Promotion Disease Prevention Program is covering the cost. The Alzheimer's Walk will be held Saturday, Oct. 20 at Kiwanis Park. Teams are needed for this walk! Please form a team, 2 or more people, and walk in memory or honor of someone and promote awareness of this disease.

Debbie Williams had one suggestion submitted for additional computer classes. Debbie is scheduling classes.

Debbie Davidson asked the Board if they have any program requests or ideas. Karen Oldham stressed the importance of the AMOB – A Matter of Balance classes for falls prevention. Brenda Ingram made a trip suggestion to attend the Gone with the Wind display at the NC Museum of History in Raleigh. The display runs through January 2013 and is free.

Melanie Rodgers distributed and reviewed the July 2012 financial report.

Debbie Davidson thanked Woody Beale, Alice Beardslee, Karen Oldham, Donese Pulley, Esther Siler and Mary Upchurch for continuing to be on the Board. The reappointment is through June 2015. Debbie provided Lee County Government updates. Surveillance cameras will be installed on the COLTS vehicles for safety and efficiency purposes. COLTS is seeking office and lot space to co-locate the vehicles with the administrative and dispatch office. Woody Beale asked how many COLTS vans are there. Debbie advised 18.

Donese Pulley provided information from the last Triangle J Area Agency on Aging Advisory Board meeting. There are focus groups and town meetings to create Comprehensive Economic Development for a more uniform approach to economic development across the state. The focus groups will cover winter 2012 – winter 2013. The Triangle J AAA Board will meet again September Monday, Sept. 17, 2012.

Mary Upchurch advised that the Senior Tar Heel Legislature is narrowing down their priorities for the November 2012 meeting.

Karen Oldham advised that the PACE facility in Durham County is ready for inspection scheduled for October 2012. PACE is a more cost effective method for older adults and it offers a better quality of life than institutionalization.

Old/New Business

Debbie Davidson advised it is time to elect Chair and Vice Chair for FY2013. The floor was opened for nominations. Karen Oldham nominated Mary Upchurch for Chair, seconded by Woody Beale. All were in favor for Mary Upchurch as Chair. Janet Fasick nominated Esther Siler as Vice Chair, seconded by Woody Beale. All were in favor for Esther Siler as Vice Chair.

Donese Pulley reminded everyone of the Lee County Fair to be held 9/11 – 9/16/2012.

The next board meeting will be Wednesday, September 19, 2012 at 8:30 a.m.

With no further business, the Board agreed to adjourn.

Respectfully Submitted by Melanie Rodgers

On behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair

Debbie Davidson
Mary Upchurch