

## SUBSTANCE ABUSE SERVICES

### \*ADDITIONAL INFORMATION LISTED ON INSIDE

<b>Alcoholics Anonymous</b> 319 North Moore St., Sanford NC 27330	919-776-5522
<b>*Daymark Recovery Services</b>	919-774-6521
<b>Behavioral Healthcare Associates</b> 319 Court Square, Sanford NC 27330	919-292-1464
<b>*Kenneth Smith LCSW, LCAS, CSI</b> 1503 Elm St., Sanford NC 27330	910-728-9523
<b>Lighthouse Recovery Ministry</b> Recovery for Alcohol/Drug Addictions, Family Support	919-478-6237
<b>*New Beginnings Counseling Services, PLLC*</b> 1518 S. Homer Blvd, Sanford NC 27330	919-718-1597
<b>Sanford Treatment Center</b> 2910 Industrial Drive, Sanford NC 27330	919-776-0711
<b>Population Served: Adults</b>	
<b>Insurance: Self-Pay</b>	
Services: OPT, Group, Methadone & Buprenorphine Treatment	
<b>*Well Centered</b> 1911 Kellers Andrews Rd., Sanford, NC 27330	919-777-9355

### PSYCHOSOCIAL REHABILITATION SERVICES (PSR)

<b>Advance Behavioral Center, Inc. CABHA</b> 2503 Fayetteville St. Sanford NC 27330	919-777-0542
<b>I Innovations Inc.</b> 130 Wicker St. 2nd Floor	919-776-8972
<b>Monarch Behavioral Services</b> 214 McIver St., 108 E. Seawell St. Sanford NC 27330	919-774-1485

### ABBREVIATIONS LEGEND

- **ACT**-ASSERTIVE COMMUNITY TREATMENT
- **ADETS**-ALCOHOL DRUG EDUCATION TRAINING SRV.
- **CABHA**- CRITICAL ACCESS BEHAVIORAL HEALTH CARE AGENCY
- **CCA**- COMPREHENSIVE CLINICAL ASSESS.
- **CST**- COMMUNITY SUPPORT TEAM
- **DA**- DIAGNOSTIC ASSESSMENT
- **DAY**- DAY TREATMENT
- **DBT**- DIALACTEL BEHAVIOR THERAPY
- **DWI**- DWI ASSESSMENTS
- **IIHS**- INTENSIVE IN-HOME SERVICE
- **IPRS**- STATE FUNDED
- **MED MGT**-MEDICATION MANAGEMENT
- **MST**- MULTISYSTEMIC THERAPY
- **OPT**- INDIVIDUAL OUTPATIENT THERAPY
- **PSR**- PSYCHOLOGICAL REHAB
- **PSYCHEVAL**- PSYCHIATRIC EVALUATIONS
- **PSYCHTEST**- PSYCHOLOGICAL TESTING
- **SAOPT**- SUBSTANCE ABUSE COUNSELING
- **SACOT**- SUBSTANCE ABUSE COMPRE- HENSIVE OUTPATIENT
- **SAIOP**- SUBSTANCE ABUSE INTENSIVE OUTPATIENT

## ADDITIONAL RESOURCES

**COLTS** (County of Lee Transit System) 919-776-7201  
Dial 211 for Health and Human Services, [www.nc211.org](http://www.nc211.org)

**Developmental Disabilities:**  
GCF Family Support Services 910-420-1178  
Lee County Industries 919-775-3439  
Stevens Center 919-776-4048

**Domestic Violence/Sexual Assault Shelter**  
HAVEN of Lee County 919-774-8923

**Eating Disorders**  
Well Centered 919-777-9355

**Food/Clothing**  
CUOC 919-774-8485

**Helping Hands Clinic** 919-776-4359

**Housing- Homeless Families**  
Family Promise of Lee County 919-718-1540

**Lee County Public Health Dept.** 919-718-4688

**Salvation Army** 919-776-2769

### SUPPORT GROUPS, WORKSHOPS

**HAVEN in Lee County Domestic Violence & Sexual Assault Groups** 919-774-8923

**Lee/Harnett Family Support Program** 1-877-776-6702  
Support Groups, Workshops (monthly-no cost)  
[yfsandhills@mindspring.com](mailto:yfsandhills@mindspring.com)

**Lee County Enrichment Center** 919-776-0501  
Grief Counseling, Women's Groups, Veteran Groups

**NAMI** (National Alliance on Mental Illness) 910-709-6685  
[www.nami-cumberland.com](http://www.nami-cumberland.com) (Cumberland, Lee, Harnett)

**Sandhills Center, LME, MCO** 910-673-9111  
Basic Mental Health Training

**SEARCH** 1-877-776-6599  
Support, Education, Advocacy, Resources for Children  
(monthly-no cost) [ahsandhills@windstream.net](mailto:ahsandhills@windstream.net)

***Mission:** "LeeCAN is a partnership  
inspiring community action for a healthier  
Lee County."*

106 Hillcrest Drive  
PO Box 1528  
Sanford, NC 27331  
(919) 718-4640 ext. 5314

[LeeCAN@leecountync.gov](mailto:LeeCAN@leecountync.gov)



"A Healthy Carolinians Partnership"

2016

## LEE COUNTY MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

*Community resources  
for access to mental health,  
behavioral health and  
substance abuse treatment for  
children and adults.*

- Does your child show signs of hyperactivity?
- Do you suffer from anxiety?
- Is there extra stress on family relationships?
- Has your grief turned into depression?
- Do you know someone who suffers from PTSD?
- Are you or someone you know challenged with substance abuse?
- Does your child have behavior problems at school?

Contact providers for additional information.

# CRISIS SERVICES

## MENTAL HEALTH PROVIDERS SERVING LEE COUNTY

**Sandhills Center MCO**  
1-800-256-2452  
**Information, Screenings & Referral**  
365 days per year-  
24 hours a day

24/7

**Therapeutic Alternatives, Inc.,**  
1-877-626-1772  
**MOBILE CRISIS Service**  
**Onsite within 2 hours**  
24 hours a day

24/7

8AM-5PM

**Daymark Recovery**  
919-774-6521  
Walk-In **CRISIS Services**  
8:00am-5:00pm  
130 Carbonton Rd.,  
Sanford NC 27330

24/7

**First Responder-**  
Persons with established  
relationship with a  
provider should contact  
their provider in Non-  
Emergency situations. 365  
days per year-24 hours  
per day

### EMERGENCY: Dial 911

Suicidal threats, suicidal attempts and mental health crisis situations involving immediate Life Threatening DANGER!

**Central Carolina Hospital- ER Dept.**  
After 5:00pm **919-774-2100**  
1135 Carthage St., Sanford NC 27330

**SUICIDE HOTLINE:** Suicide Prevention  
Lifeline 1-800-273-TALK  
1-800-273-8255

**Advance Behavioral Center Inc. CABHA** 919-777-0214

317 Chatham St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice  
**Services:** DA, OPT, PSYCH EVAL, MED MGT, IIHS, CST, PSR  
Spanish Interpreter on-site

**Behavioral Health Care Associates** 919-292-1464

319 Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** BCBS, Cigna, Medicare, Tricare, United Healthcare  
**Services:** CCA, DA, OPT, MED MGT, PSYCH EVAL, Substance Abuse Counseling

**Compass House Counseling Center** 919-774-8790

311 W. Rose St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Major Insurances In-Network, Tricare, Self Pay  
**Services:** OPT, Family, Couples ( Free-Consultation)

**Cecelia Patterson, LCSW, PLLC** (Suite C) 919-895-6305

**Katie Thomas, LCSW, PLLC** (Suite A) 919-895-6303

**Kenneth Smith LCSW, LCAS, CSI** 910-728-9523

**Linda W. Moore, RN, MSN, PA** (Suite A) 919-770-0212

**Nichole McFarland, MA, LMFT** 919-356-7902

**Julie Brown, PhD, LPC, NCC, CTS, DBTS** 919-478-9969

1503 Elm St., Sanford NC 27330 (contact individual providers to specify the following)

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families  
**Insurance:** Private Pay, Major Insurances- In/Out Network, Sliding Scale  
**Services:** CCA, OPT, PSYCH TEST, SAOPT

**Daymark Recovery Services CABHA** 919-774-6521

130 Carbonton Rd., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, HealthChoice, Medicare, IPRS, Major Insurances-Out of Network, BCBS (only In-Network), Self Pay  
**Services:** DA, OPT, MED MGT

**Evolve Counseling, PLLC** 919-895-0978 Neja

310 N Homer Blvd, Sanford NC 27330 919-656-0596 Reagan

**Population Served:** Children, Adolescents, Adults  
**Insurances:** Aetna, BCBS, Tricare, United Behavioral Health; others Out of Network  
**Services:** OPT

**Heartfelt Alternatives CABHA** 919-844-7770

329 Carthage St., Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice  
**Services:** CCA, DA, PSYCH EVAL, OPT, MED MGT, CST, IIH, Case Mgt., Residential Support, Spanish Speaking Services & Interpreter

**Hopeful Horizons Counseling Service** 919-776-8831

321-A Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Major Insurances, Tricare  
**Services:** OPT, Family, Marital

**Life Span Counseling Center** 919-777-6786

321-B Court Square, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, Major Insurances- In Network, Tricare & Self Pay  
**Services:** OPT

**Monarch Behavioral Services** 919-774-1485

214 McIver St., 108 E. Seawell St., Sanford NC 27330  
**Population Served:** Adults  
**Insurance:** Medicaid, Health Choice, Medicare, IPRS  
**Services:** PSR

**New Beginnings Counseling Services, PLLC\*** 919-718-1597

1518 S. Homer Blvd, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare, IPRS Major Insurance In-Network, Tricare, Self Pay & Sliding Scale  
**Services:** CCA, DA, OPT, MED MGT, PSYCH TEST, SACOT, SAIOP, DWI, DWLR

**Pinnacle Family Services, CABHA** 910-673-3535 Ext.226

Sanford NC 27330  
**Population Served:** Children & Adolescents  
**Insurance:** Medicaid- Health Choice  
**Services:** CCA, MED MGT, Therapeutic Foster Care, Family Centered Treatment

**Primary Health Choice, Inc.** 919-774-7044

1514 S. Homer Blvd, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Medicare & Self Pay  
**Services:** DA, OPT, MED MGT, Psych Test, DAY, IIHS  
Spanish Speaking Services & Interpreter

**Set Apart Christian Counseling** 919-345-8002

**Safe Harbor Counseling** 919-777-3350  
213 Bracken St., Sanford, NC 27330. (contact individual providers to specify the following)

**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Medicare, Tricare, IPRS, Major Insurances In Network  
**Services:** OPT

**VC & Associates Inc.** 919-774-3112

136 Carbonton Rd. Suite B, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Medicaid, Health Choice, Tricare, BCBS, Cigna  
**Services:** CCA, DA, OPT, PSYCH EVAL, MED MGT, PSYCH TEST, IIHS  
DAY Treatment  
Spanish Interpreter on-site

**Well Centered** 919-777-9355

1911 Kellers Andrews Rd, Sanford NC 27330  
**Population Served:** Children, Adolescents, Adults  
**Insurance:** Self Pay, Sliding Scale  
**Services:** OPT, SAOPT