

## LEE COUNTY SENIOR SERVICES ADVISORY BOARD

### Meeting Minutes

Wednesday, September 17, 2014 The Enrichment Center Conference Room 8:30 a.m.

**Board Members Present:** Alice Beardslee, Commissioner Ricky Frazier, Karen Oldham, Jim Payne, Donese Pulley, Esther Siler, Mary Upchurch

**Board Members Absent:** Woody Beale, Jim Turner

**Staff Present:** Debbie Davidson, Melanie Rodgers, Debbie Williams

8:30 a.m. Mary Upchurch opened the meeting and welcomed everyone. She asked for approval of the agenda. Debbie Davidson requested to add Board Member Oath of Office. Ricky Frazier made a motion to accept the agenda with the addition, seconded by Alice Beardslee, all were in favor. Karen Oldham and Alice Beardslee read the Advisory Board Member Oath of Office aloud and signed the form. Debbie Davidson notarized their forms. Mary asked for a motion to accept the minutes from the August 20, 2014 board meeting. Ricky Frazier made a motion to accept the minutes as written, seconded by Alice Beardslee, all were in favor.

There were no public comments.

Debbie Davidson advised that the Helping Fund Golf Tournament scheduled for Saturday, October 11, 2014 has been cancelled due to lack of participation and sponsorship commitments. October is a very popular time in communities with commitments of fall festivals, travel and sports. The Enrichment Center, Inc. will discuss the possibility of a spring 2015 fund raiser.

Debbie Williams provided information about upcoming programs at The Enrichment Center. A free digital photography class will be held 9/17 and 9/18, 1 p.m. – 3 p.m. A free Alzheimer's and Dementia series will be offered at 5:30 p.m. Mondays September 2 through October 7. Professionals in their fields will present information on the basics of Alzheimer's, disclosure and changing relationships, legal and financial, emotions, behaviors and communications, medications and maintaining independence and exercise. Flu shots will be given 11 a.m. – 3 p.m. on 9/19 by Brick City Primary Care. Zumba Gold will begin at 6:45 p.m. on Monday, 10/6. Participants may purchase an evening exercise package for \$25 which includes Monday/Wednesday aerobics, Monday Zumba Gold and Tuesday Yoga. The Card & Games Party will be held 10/7 from 2 p.m. – 5 p.m. and 7 p.m. – 9 p.m. The cost is \$4 per person, per session. The Rex Mobile Mammography unit will provide free mammograms on 10/8. Participants should register with the Health Dept. Free CPR/AED training for those age 60 and better will be held on 10/14 and 11/10. Free Beginner and Advance Tai Chi classes will be held 10/26 – 11/26. The Fall Festival (8 a.m. – 2 p.m.) and Alzheimer's Walk (12 noon – 2 p.m.) will be held Saturday, 10/25. AARP Smart Driver Class will be held 11/12. Computer classes have a waiting list. A new volunteer instructor has been secured. Until a train-the-trainer course is offered, we are unable to provide A Matter of Balance classes. Lee Co. Elections Director Nancy Kimble provided voter registration and ID information for participants in the Diners Club.

Melanie Rodgers distributed and reviewed the August 2014 Financial Report. A copy is attached to the original minutes. There has been an increase in Diners Club and Home Delivered Meals participation. Donese Pulley asked if this rise and fall in attendance would be an issue with budget and funding. Melanie advised not at this time. Expenses are reviewed monthly to keep a close check on available funds. With holidays coming and the additional closing days approved by the BOCC the week of Christmas, the numbers will decline for a period of time.

Debbie Davidson provided Lee County Government updates. The state of NC significantly reduced the ROAP – Rural Operating & Assistance Program – grant. This grant assists the rural general public as well as elderly and disabled passengers in Lee County to utilize the COLTS system for general, employment and medical transportation for a fare or no cost at all. Due to this reduction, COLTS made changes to scheduling and the number of rides and/or clients allowed each day. There has also been a reduction in Home & Community Care Block Grant funds at the state level. The Federal reductions have not been confirmed as of this meeting date. Debbie advised that Lee County would take the reduction under Housing/Home Repair. Our social workers and clients can contact NCBAM, NC Baptist Aging Ministry, with referrals and requests for home repair and wheel chair ramps. Comm. Ricky Frazier asked the requirements of the Housing/Home Repair program under HCCBG. Debbie advised to receive services under the HCCBG program the client

must be 60 or older, live in Lee County, own their home, and have a medical disability. Diners Club participants are being registered into the MySeniorCenter, the data base and attendance program using a swipe card. Silver Sneakers contracts are being signed. Enrichment Center staff will be taking online Silver Sneakers training modules. COLTS will be moving to the Hillcrest facility in October. The 18 COLTS vehicles will be co-located in the Government Center parking lot with marked and reserved parking. Medicare Part D open enrollment will be from October 15 – December 7. The area vacated by COLTS will be used for Medicare Part D enrollment and walk-in clinics. The BOCC approved all non-essential Lee County Government offices to be closed December 22-26, 2014. This request came from County Manager John Crumpton due to employees not receiving a cost of living raise and medical insurance premiums increasing for dependent coverage. Debbie Davidson advised that the BOCC are in discussion about concealed fire arms being allowed in Lee County Government facilities by those with carry/conceal permits.

Jim Payne commented that he attended the recent Triangle J Area Agency on Aging meeting. He shared information about NCBAM, NC Baptist Aging Ministry, a clearinghouse for information and services for aging citizens in NC.

Karen Oldham reported that she and other PACE (Program for All Inclusive Care for the Elderly) advocates as well as AARP representatives went to Raleigh to represent NC citizens and the importance of PACE centers and dollars for the aging and elderly. PACE participants meet criteria for nursing home care (FL-2 form); however, desire to stay in their own homes and receive services through PACE centers. Costs are reduced dramatically when PACE participants can access this care. Mary Upchurch asked the status of the Pittsboro, NC PACE center. Debbie Davidson advised it is in operation. The Board had discussion and requested to have their October 15, 2014 meeting at the Pittsboro center and tour the facility. Debbie will make the arrangements.

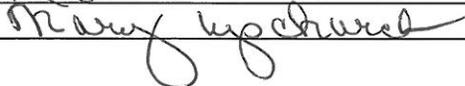
**Old/New Business**

With no further business, and general consent, the Board adjourned at 10:00 a.m.

Respectfully Submitted by Melanie Rodgers

in behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair

  
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