

LEE COUNTY SENIOR SERVICES ADVISORY BOARD

Meeting Minutes

Wednesday, March 19, 2014

The Enrichment Center Game Room 8:30 a.m.

Board Members Present: Woody Beale, Alice Beardslee, Commissioner Ricky Frazier, Jim Payne, Esther Siler, Jim Turner, Mary Upchurch

Board Members Absent: Karen Oldham, Donese Pulley

Staff Present: Debbie Davidson, Melanie Rodgers, Debbie Williams

8:30 a.m. Mary Upchurch opens the meeting and welcomes everyone. She asked for approval of the agenda. Woody Beale made a motion to accept the agenda, seconded by Esther Siler, all were in favor. Jim Turner asked what if a Board member has a new item for the meeting. Mary Upchurch advised we would add it in the agenda sequence or discuss under Old/New Business.

8:33 a.m. Comm. Ricky Frazier arrives. Esther Siler noted that she will leave at 9:45 a.m.

Melanie Rodgers distributed and read the minutes from the February 19, 2014 meeting. Jim Turner made a motion to accept the minutes, seconded by Alice Beardslee, all were in favor.

Debbie Davidson provided an update on The Enrichment Center, Inc. Helping Fund Golf Tournament. The tournament will be held Saturday, October 11, 2014 at Quail Ridge Golf Course. Assistance from the Board is needed in securing sponsorships, asking for door prizes and assistance the day of the tournament. Jim Turner stressed the importance of securing sponsorships; this is the money-maker for the tournament, for the Helping Fund. Debbie Davidson noted over \$35,000 in assistance has been provided to Lee County older adults from January through March 2014 thus far. There are a lot of new people asking for assistance. Due to the consistent cold temperatures we have seen an increase in requests. Comm. Ricky Frazier asked how much assistance is given to an individual with fuel or electricity. Debbie Davidson advised \$300 per person per calendar year. We can go over that amount due to fuel prices and quantity delivery requirements of the companies.

Debbie Williams announced that the annual Volunteer Appreciation Dinner will be held at 5:30 p.m. Tuesday, April 1, 2014. Please RSVP at the front desk. There are over 200 active volunteers at The Enrichment Center. Flyers were distributed and reviewed for the following programs and activities: April 2, AARP Smart Driver class; Card & Games Party, co-sponsored by Miller Boles Funder Home, and to benefit The Enrichment Center Helping Fund April 17, 2-5 p.m. and/or 7-9 p.m.; April 8 Regional Caregiver Conference at the Dennis A. Wicker Civic Center; Senior Games & Silver Arts, Torch Sponsor Bright Audiology, registration for those age 50 and better April 1 – 30, events held May 12-24. There were no suggestions submitted since the last Advisory Board meeting.

Melanie Rodgers distributed and reviewed the February 2014 Financial Report. A copy is attached to the original minutes. Comm. Ricky Frazier asked if there has been any restoration of the federally sequestered dollars. Debbie Davidson advised no. Jim Turner asked if MOW – Meals on Wheels and HDM – Home Delivered Meals are the same. Debbie Davidson advised MOW is a non-profit for the citizens of the City of Sanford. Meals are catered by Central Carolina Hospital and delivered by volunteers. Home Delivered Meals are for the citizens of Lee County outside of the city limits. The program is coordinated by Senior Services, catered by Aramark food service (same as the Diners Club) and delivered by volunteers. Federal, state and local funds support the program as well as consumer contributions. Comm. Ricky Frazier asked what time are Home Delivered Meals sent out. Debbie Davidson answered 10:30-11 a.m. and routes take about an hour. Jim Turner asked how many routes are there. Debbie Davidson replied there are currently four.

Debbie Davidson provided Lee County department updates. The FY15 Senior Services and COLTS budgets have been submitted to the County Manager and Finance Director with no new requests. The Enrichment Center could use another kitchen staff person and a housekeeper all day. Currently the Home and Community Care Block Grant, HCCBG, figures for Lee County are the same as FY14 with the possibility of an additional \$3,000. The County Manager and Human Resources Director are still reviewing employee and retiree medical insurance options for FY15. Costs continue to rise in this area. Melanie Rodgers will be honored at the April 8 Employee Appreciation Luncheon for her 20 years of service with Lee County Govt. Debbie presented and reviewed the FY2013 Senior Services, Veterans and COLTS State of

the County report. A copy is attached to the original minutes. Several staff members will be attending Person Centered Training to be held at The EC in May 2014. This training is required for Certification of staff members who provide Options Counseling. Options Counseling & Information is replacing Information & Assistance as a service in the FY15 HCCBG. The Social Work Supervisor and Veterans Services Officer will become Certified Options Counselors for The Enrichment Center.

Mary Upchurch advised the Triangle J Area Agency on Aging Advisory Board meeting was canceled Tuesday due to weather conditions. Mark Hensley and Dennis Streets will present at the Senior Tar Heel Legislature session March 20-21, 2014. Jim Payne asked if there is a web site associated with Senior Tar Heel Legislature. Mary Upchurch answered yes and she will provide the address.

Old/New Business – Jim Payne praised the improvements on The Enrichment Center's Walking Trail. He advised that Silver Sneakers programs at the Nautilus require chairs. Debbie Davidson noted we have been approved as a Silver Sneakers site. We are now waiting on the Lee County attorney's office to approve the contracts. Jim Payne offered volunteer hours for cleaning at The EC on the weekends. Debbie Davidson thanked Jim and let him know we will keep that in mind.

9:45 a.m. Esther Siler left the meeting.

Alice Beardslee commented that the Lee County Commissioners need to remember that Sanford is a Certified Retirement Community. People research where they would like to retire and Sanford/Lee County must maintain vibrant and have offerings for this population. Comm. Ricky Frazier commented he has a passion for seniors and fully supports our mission, programs and services.

The next meeting will be Wednesday, April 16, 2014 at 8:30 a.m. at The Enrichment Center. Jim Payne made a motion to close the meeting, seconded by Woody Beale, all were in favor.

Respectfully Submitted by Melanie Rodgers

On behalf of Debbie Davidson, Secretary

Mary Upchurch, Chair

Debbie Davidson

Mary Upchurch